



## Sally John Physiotherapy Registered Physiotherapist

Member of Canadian Physiotherapy Association & College of  
Physiotherapists of Ontario.

Sally works with;

- Musculo-skeletal injuries.
- Nerve tissue problems; especially for backs and necks.
- Sports injuries
- Motor vehicle accident problems.
- Post op surgery

Her skills include;

Manual therapy, Cranio-sacral therapy, Sports Physiotherapy working especially with ski-racers and runners: she has worked with junior Ontario skiers and has worked with some masters Ontario skiers. She also does biomechanical analysis of runners and gives exercises and training hints for improvements of excellence.

Modalities available are; Laser therapy (Promedx), ultrasound, acuhealth, vibrosphere, and a fabulous pulley system for your strengthening needs.

**Sally works one on one with each patient making sure that the best function possible is obtained. Each patient will have their own customized exercise program**

10% off  
initial  
assessment  
until Jan 2010

Her personal sports experience includes international lacrosse, international windsurfing, 6 marathons ( including 2 ultras ) , duathlons, triathlons, Squash, tennis and skiing and snowboarding and some golf.

In her practice she also works with the vibrosphere (or vibration disc) for muscle strengthening and lengthening. See web-site; <http://www.promedvi.se/?id=758>  
For further information; [www.sallyjohnphysio.com](http://www.sallyjohnphysio.com)